

Seasonal Bowl Food

Promotes Charity Meal ~ For every meal purchased Leith's will donate 50p to Shelter and or 

Spring (1st March 2010 to 31st May 2010)

£30.60

Cold

$\frac{3}{4}$ of a round of Organic Sandwiches per person

Cold Bites

Smoked Applewood Cheese Straws (v)

Cauliflower, New Potato and Cheddar Frittata (v)

Cold Bowl

Spring Green Salad (v)

Hot Bowl

Chicken, Vegetable Noodles with a Lemon Scented Broth

Roasted Salmon, Sauteéd Potatoes and a Tarragon Crème Fraîche

Pea and Goats' Cheese Risotto (v)

Pudding

Cherry and Almond Tartlets

Raspberry and White Chocolate Mousse

Summer (1st June 2010 to 31st August 2010)

£30.60

Cold

$\frac{3}{4}$ of a round of Organic Sandwiches per person

Cold Bites

Parmesan and Thyme Cheese Straws (v)

Fennel, Pea and Fresh Herb Frittata (v)

Cold Bowl

Grilled Summer Vegetables with Saffron Couscous (v)

Hot Bowl

Roasted Lamb Cutlet with Rosemary Mash

Salmon with a Gazpacho Salad

Tomato, Ricotta and Basil Lasagne (v)

Pudding

Strawberry Tartlets

Elderflower and Loganberry Cheesecake

(v) = Vegetarian

Shelter registered charity number 263710

Cancer Research UK registered charity number 1089464

Please note that all of the prices listed above are subject to VAT at the current rate and are from April 2010 to March 2011
You will be advised of any variations in availability or price should circumstances dictate.

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Autumn (1st September 2010 to 30th November 2010)

£30.60

Cold

¾ of a round of Organic Sandwiches per person

Cold Bites

Cropwell Blue Cheese Straws (v)

Caramelised Onion, Fennel Seed and Fontina Frittata (v)

Cold Bowl

Waldorf Salad

Hot Bowl

Smoked Sausage and Bean Cassoulet

Grey Mullet with Roasted Potato and Beetroot

Broccoli and Blue Cheese Gratin (v)

Pudding

Praline and Chocolate Wafer Cups

Spiced Apple Crumble Tartlets

Winter (1st December 2010 to 28th February 2011)

£30.60

Cold

¾ of a round of Organic Sandwiches per person

Cold Bites

Truckle Cheddar Cheese Straws (v)

Celeriac, Wensleydale and Whole Grain Mustard Frittata (v)

Cold Bowl

Curried Cauliflower and Potato Salad (v)

Hot Bowl

Crispy Belly of Pork, Roast Sweet Potato and Braised Red Cabbage

Smoked Haddock and Mussel Chowder

Butternut Squash and Ginger Soup (v)

Puddings

Orange and Pumpkin Tartlets

Pear and Dark Chocolate Mousse

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